

The Jacket Journal

Thomas Jefferson High School

COLLEGE REPS

WEEKS OF SEPT. 28-
OCT. 30

Wednesday, Sept. 30

5th —XENON

Thursday, Oct. 1

5th—STEPHENS

Friday, Oct. 2

2nd —WARTBURG

Monday, Oct. 5

5th - MIDLAND

LUTHERAN COLLEGE

Monday, Oct. 12

3rd—CLARKSON

Tuesday, Oct. 13

3rd—WAYNE STATE

Wednesday, Oct. 14

5th—IOWA WESTERN

Tuesday, Oct. 20

3rd—BRIAR CLIFF

Wednesday, Oct. 21

5th - NEBRASKA
WESLEYAN

Thursday, Oct. 22

5th—BUENA VISTA

Monday, Oct. 26

6th—UNIVERSITY OF
IOWA

Tuesday, Oct. 27

7th—CORNELL

Thursday, Oct. 29

3rd—NEBRASKA
METHODIST

What to do and be aware of this week

Counselors spoke to you several weeks ago about your college and career plan. Our intention was to give you a taste of deadlines early on in the process. A special thanks goes out to all 19 of the seniors that turned in the items that we had requested from you during the lesson. If you haven't turned in your Senior Questionnaire, (94% of the senior class), there is still time. In order for us to assist you in the process it takes teamwork. We need this information to better assist you in finding college matches and scholarship dollars. If you have misplaced your form, please see us in guidance for another copy.

Juniors and Seniors: Hopefully you are busy preparing for the ACT or SAT tests that you may be taking in October. Here is a list of tips for taking these standardized tests:

1. Get plenty of sleep the night before the test.
2. If you feel nervous before beginning, try to relax by taking a few deep breaths.
3. Maintain confidence in your abilities and plan to do your best. Your attitude can affect your performance.
4. Listen carefully to all instructions and ask questions if you hear something you don't understand.
5. Focus your attention entirely on your work.
6. Position your answer sheet next to your test booklet so you can mark answers quickly and accurately.
7. Before answering each question, read it completely, as well as all the possible responses.
8. When you are unsure of an answer, choose the one you think is best and go on to the next questions. Be sure to answer every question. There is no penalty for guessing.
9. Pace yourself throughout the test by occasionally checking the time.
10. If you complete the test before your time is up, reread the questions and check your answers.

SCHOLARSHIPS

OUTSTANDING STUDENTS OF AMERICA SCHOLARSHIP PROGRAM—For high school seniors. Must see FAQ web site for more information. The site address is www.outstandingstudentsofamerica.com. Deadline to apply on line is October 10, 2009.

HORATIO ALGER ASSOCIATION SCHOLARSHIP—Awards from \$2,500 to \$20,000—For seniors with financial need, who have exhibited integrity and perseverance in overcoming personal adversity, are involved in co-curricular and community activities, and maintained a minimum GPA of 2.0. Must apply online at HoratioAlger.org. Deadline to apply is October 30, 2009.

Elks National Foundation hosts a 2010 Most Valuable Student contest and has scholarship offers ranging from \$1,000 to \$15,000 per year. Applications for the 2010 contest have to be submitted to your local Elks Lodge by November 2, 2009. For more information go to www.elks.org

Burger King Scholars Program—Awards of \$1,000 each. Must have a 2.5 GPA or higher, work part-time for at least 15 hours per week, demonstrate financial need and participation in community service and extracurricular activities. Students must apply online at www.haveyourwayfoundation.org

Scholarships (con't.)

Iowa Newspaper Foundation Scholarships—Up to \$6500 awarded to students pursuing newspaper careers. To apply go to www.inanews.com/inf/scholarships.php. Applications are to be postmarked by February 12, 2010.

AXA Achievement Scholarship—For students active in their community and having overcome personal challenges. To learn more, visit www.axa-achievement.com. Deadline to apply is December 15, 2009.

Dr. Seuss's Oh, the Places You'll Go! College Scholarship - \$5,000 Scholarship awarded based on an original essay composition. Please come to the counseling center for the Essay Question and application. Deadline is February 15, 2010.

Coca-Cola Scholars— 50 awards in the amount of \$20,000 each and 200 awards of \$10,000 each—Applicants must demonstrate leadership in school, commitment to community, academic achievement and record of part-time employment. Applicants must be a current high school senior, US Citizen, US National, US Permanent Resident, Temporary Resident, Refugee, Asylee, Cuban-Haitian Entrant or Humanitarian Parolee. Deadline to receive applications: October 31, 2009

Wendy's High School Heisman—For seniors who show leadership in school and community as well as participate in at least one High School sport. To apply, visit www.wendysheisman.com for more information. Application due October 6, 2009.

UPCOMING EVENTS

October 7th Northeast Community College—Animal Medicine Career Day—If you are interested in Vet Tech or Pre-Vet Medicine. Pre-register by calling (402) 844-7262 or email visitnecc@northeast.edu

October 9, 16 or 23rd—Wayne State College—Campus Visit Fridays for High School Seniors. For more information contact Wayne State admissions at 1-866-972-2287 or admit1@wsc.edu

October 10, 2009 Creative Center College of Art & Design—Open House from 11:00 a.m.—3:00 p.m. Visit and see if a career in art is right for you! Take a tour plus get additional information on financial aid and Graphic Design industry.

October 10th University of Nebraska Omaha—Office of Recruitment Services is holding several open houses with the next one on October 10. Students must make a reservation for this date by calling the office at 402-554 MAV1 or registering on line at www.BEaMAV.com

October 15th—16th Augustana—Explore Augustana college visit programs. To register call 800-727-2844 or go to augie.edu/admission.

October 19th University of Northern Iowa—The College of Humanities & Fine Arts is inviting you to attend a Humanities and Fine Arts Day. Register at Joyce.broell@uni.edu or call Joyce at 319-273-2725.

Tuesday, October 20, 2009—Iowa Western Program Showcase—Experience Iowa Western programs in an engaging and interactive format. Meet with faculty and students. Learn more about campus life.

Tuesday, October 26, 2009 University of Iowa, Council Bluffs Public Library, Meeting Room A—University of Iowa representative will be hosting a PreView Iowa night from 6:30—8:00 p.m. To register go to www.uiowa.edu/admissions/pvi or call 800-553-4692.

November 1, 2009—SOUTHEAST COMMUNITY COLLEGE VISIT DAY—For more information go to www.southeast.edu.

November 7th Wayne State College—Campus Visit Days Just Juniors—Visit day is set up for Juniors only. For more information contact Wayne State Admissions at 1-866-972-2287 or admit1@wsc.edu

November 20, 2009—Iowa Western Reiver Day. Register online at www.iwcc.edu—click on "Prospective Student" and then "Visit Us"

Council Bluffs

College Fair

Mid - America Center

Wednesday, September 30th

6:30 - 8:00 p.m.

VOLUNTEER CORNER

Pottawattamie Youth Council—Work on projects to help our community deliver America's Five Promises to children and young people . . .

To be a part of this opportunity you can ask your guidance counselor for more information, complete an online application, or contact Promise Partners at (712) 256-9920